

## Program Supporters



# NSW Angel Ring Update

20<sup>th</sup> March 2011

## VOLUNTEERS MAKING A DIFFERENCE

With 4 more people rescued with Angel Rings in the past 2 weeks, the confirmed number of people saved reached 47 since the projects start in 1994.

For something as simple and effective as a life ring on a rock platform, the volunteers who run the project and Government agencies who support them need to be congratulated on their efforts.

A dramatic rescue took place off Ballina's North Wall after two teenagers were caught in a rip on the 14<sup>th</sup> of March 2011. The duo was swimming on Lighthouse Beach near the wall at about 5.30pm when they got into trouble.

Bystanders on the wall managed to throw an Angel Ring to the pair who then managed to eventually kick themselves in to the wall. One rescuer, David Sullivan, said it showed the importance of the Angel Rings "It's a great advertisement for them and every bar in Australia should have them," he said. The injured were treated by paramedics at the scene.

In another rescue at Hill 60 at Port Kembla the previous week, a visiting Thai tourist was washed from the rocks and swept out to sea. Whilst she struggled to swim to safety her male companion jumped in to assist her and got into difficulties. Nearby rings was thrown to both by the son and with the assistance of an experienced angler were coaxed to safe waters and finally rescued by rope.



Above, the father and son who were part of the rescue at Hill 60 and Grant from the Australian Land Based Anglers who helped winch them all to safety.

More info [www.angelrings.com.au](http://www.angelrings.com.au)  
Email [pastelli@netspace.net.au](mailto:pastelli@netspace.net.au)



# Don't put your life on the line

## Rock fishing safety

Know what to do in case of an emergency



### BE SAFE – know the conditions

- Know the tide and weather
- Never fish alone
- If conditions worsen find a calmer, more sheltered spot – or go home.
- Ask local people for advice
- Fish only in places that you know are safe
- Tell someone where you are
- Spend at least half an hour watching the wind and wave action
- Plan an escape route
- Never turn your back on the sea

### BE PREPARED – take the right gear

- Wear a life jacket
- Wear shoes with non-slip soles
- Wear light clothing
- Carry a mobile phone with you
- Carry a rope and float with you

### SURVIVE

- Do NOT jump in if someone is washed into the water
- Dial 000 or 112 on your mobile phone or go to get help
- Use a rope or something that floats to rescue the person
- If you're swept in don't panic. Stay calm and swim away from the rocks
- If there's an Angel Ring nearby, know how to use it.

For more information on fishing safety, including translated material, more fact sheets and free downloads visit [www.safefishing.com.au](http://www.safefishing.com.au)



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